

FRIENDSHIP & FUN NAVIGATING MIDDLE SCHOOL VIBES

Middle School can be tough. Build skills to feel more confident tackling the challenges!

Join us for an engaging workshop designed to empower students with the skills to build strong friendships, navigate social situations, develop empathy and advocate for themselves - all while having fun!

**Led by Dr. Hasti Raveau, PhD, LP
Mala Child and Family Institute**

September 19, 2024

6:15-7:30PM

**Hillside Middle School
Media Center**

**Parents: Drop your student at the
workshop while you enjoy the
Hillside Open House**



Link to Register:

bit.ly/nynwellnesshillside24-25

Presented by

