



Topic: Listening and Responding to your Children and Teens. (March 2022)

Brief Explanation: Active listening and responding improves communication and builds positive relationships with your child no matter what age. Active listening is for parents and their children.

<p>Parent Information</p>	<p><u>Active listening improves communication in the parent child relationship.</u></p> <p><u>Dr. Sears explains 25 ways to speak with your kids so they will listen!</u></p>	<p><u>5 Ways to Be an Active Listener for Your Teen</u></p> <p><u>Jennifer Lehr talks about her new book, ParentSpeak, which aims to change the way parents talk with their kids.</u></p> <p><u>Parents need better and more effective communication skills if they want to stay connected to their teens. Here are 6 common reasons for miscommunication between you and your teen and some advice on how parents can communicate effectively with teens</u></p>		
<p>Information For Children</p>	<p>Elementary Age</p>	<p>Middle School</p>	<p>High School</p>	
<p>Hands on Materials/ videos</p>	<p><u>9 active listening activities for children 3-7</u></p> <p><u>21 listening games to try with your kids!</u></p>	<p><u>39 communication activities for youth from elementary to high school age.</u></p> <p><u>Active listening for middle school students</u></p>		

Click on the link within the chart then “go to page” and it will open for you to see!