

Wayne County Guide to COVID-19

What is the 2019 Novel Coronavirus & How to Protect Yourself



The Wayne County Public Health Division presents this guide to help explain the new virus that our nation and the world is facing: the 2019 Novel Coronavirus.



The 2019 Novel Coronavirus is the virus that causes the respiratory disease called “COVID-19.” The virus originated in China and began circulating in humans in December 2019. While little is currently known about the virus, its symptoms range from mild to severe.



Public Health



www.WayneCounty.com



Info Lines: 2-1-1 or (734) 287-7870

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Preventing Stigma

Impacts of Stigma

Stigma hurts everyone by creating fear or anger towards people instead of helping communities come together to combat the actual problem.

Busting Myths

- This virus does not target people from specific ethnicities, racial, or religious backgrounds.
- Although COVID-19 originated in China, being Chinese or Asian American does not increase the chance of getting or spreading COVID-19.
- Do not assume that someone wearing a mask has COVID-19.



How Can We Fight Stigma?

- Be cautious about the information you share, especially on social media to avoid spreading misinformation.
- Speak out against negative behavior and statements against others.
- Take precautions such as hand washing after interacting with all people, rather than only people from specific ethnicities, racial, or religious backgrounds.



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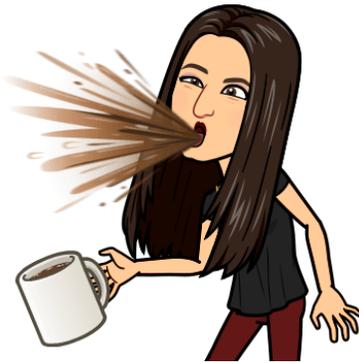
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Preventing Spread

COVID-19 can be spread through:



Close personal contact, such as touching or shaking hands

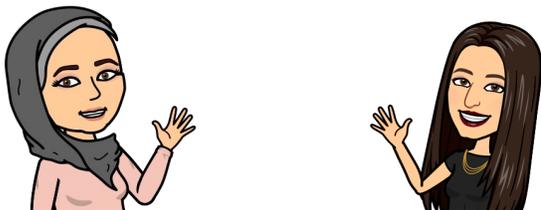


The air by coughing and sneezing without covering your mouth and nose with your elbow



Touching an object or surface with the virus on it, then touching your face

You can limit the spread of COVID-19 by:



Keeping a distance of 6 feet from others when close contact isn't needed



Covering your mouth and nose with your elbow when sneezing or coughing



Washing your hands frequently



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Symptoms & Prevention

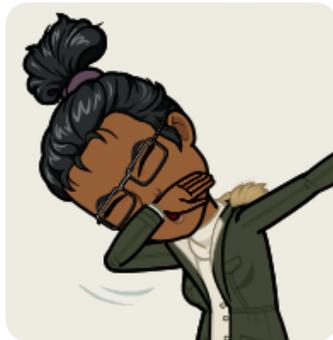
SYMPTOMS



PREVENTION



STAY HOME
IF SICK



COVER MOUTH AND
NOSE WITH ELBOW
WHEN COUGHING
AND SNEEZING



WASH YOUR HANDS
FREQUENTLY



CALL YOUR DOCTOR
IMMEDIATELY
IF SYMPTOMS
APPEAR

Avoid touching your eyes, nose, and mouth.



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